Homeopathy in the treatment of temporomandibular disorders in COVID-19

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Abstract
The literature records the relevance of emotional and psychosocial status as triggering factors for sleep disorders and orofacial pain, including temporomandibular disorder. Homeopathy is a complementary treatment method for these conditions. SARS-CoV-2 is a virus that causes respiratory disease, COVID-19, identified in December 2019, in China the significant increase in changes in sleep and mood cycles as triggers of various forms of orofacial pain and bruxism, presented as oral-facial comorbidities resulting from the pandemic. The objective of this retrospective observational study was to analyze data from 129 records of patients seen between May 2020 and May 2021 diagnosed with Temporomandibular Disorder and seen at Clínica Núcleo Endo for dentistry and orofacial pain care. Methodology: Of these, 35 with a diagnosis of TMD and clinical follow-up by a Pittsburgh sleep quality questionnaire questionnaire, received a prescription for the homeopathic medicine Chamomilla 30 cH (Matricaria chamomilla L.) drops at a dose of 5 drops daily to assess the effectiveness of the use of the drug in controlling pain and changes in sleep and mood, with and without the installation of the interocclusal plaque. Conclusion: Chamomilla 30 cH has been demonstrated to be effective as a treatment Complement the changes: Of pain, stress and anxiety, and humor. Other clinical work is necessary for further elucidation Of chamomilla's action mechanisms and its healing potential.

Keywords: Homopathy, Temporomandibular disorders, COVID-19, Chamomilla (Matricaria chamomilla L).

References


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